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FROM THE PRINCIPAL'S DESK







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"Education is not the filling of a pail, but the lighting of a fire."

All knowledge originates from a concept, just as most development starts with a seed. A complete body of knowledge on a subject can be sourced from a single idea. Perhaps the first step for gaining knowledge is realizing how little one knows and have the ability to expand one's horizons not only to pursue academic excellence but also to motivate and empower the students to be lifelong learners, critical thinkers and productive members of an ever-changing global society. With the help of a school magazine, Qurio Mag, we at Podar International School, Kankavli try to ignite this intellectual spark in our pupils. The compassion trail provides students, with an opportunity to investigate and learn more about the significance of kindness in daily life. Sometimes, small deeds of kindness done on a regular basis can have a profound impact on someone who may be having a rough day; offering them a glimmer of hope and a small measure of joy on an otherwise depressing day. One act of kindness can start a chain reaction, inspiring the recipient to do the same for someone else, and so on. It's important to develop the practice of being deliberately kind and understanding how one act of kindness can inspire many others.

I want to thank the whole crew for their effort and commitment in creating this magazine. I am confident that the readers brain will be stimulated and transported to a wonderful world of unadulterated joy and pleasure by the positive attitude, diligence, persistent efforts, and creative ideas displayed by our young children.

With regards, Principal Mrs. Swati Kanase

Editor-in-Chief: Mrs. Shreya Desai and Mrs. Prasanna Rani

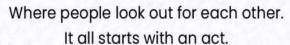
| Student Editor: Mr. Ishaan Nagvekar

| Student Editor:Ms. Madhura Gurav

Acts of Kindness

Imagine a world where you can succeed by being nice.

Where we all pay it forward.









Check in on loved ones.



Hold the door for someone.



Leave a bowl of water for birds and animals.



Plant a tree.



Give someone a gift for no reason.



Compliment a stranger.



Give a coworker/classmate kudos.



Donate old clothes to charity.





Buy school supplies for someone else.



Bake cookies for a neighbour.





Pay for the person behind you.



My idea of Kindness



Kindness can make your day

"Kindness can make a bad day good, and a good day better." It is like a seed that when cultivated, can grow and grow and grow. Kindness is the ability to know what the right thing to do is and having the courage to do it! It is giving hope to those who think they are all alone in this world. It is a strong attitude that one must always have. Kindness is an act that has no description and no limits. It entails not just physical but also psychological support. It's not a behavior that we can do simply on special occasions.

So be kind-hearted!

Sannidhya Rane Grade VIII Aster

Kindness is the best way to be passionate

The word Kindness means 'sympathy'. Kindness is a positive word. If you show kindness you will be happy for the whole Day, Week, Month, Year as well as whole life.

It's not a big task to show, we just need to make our heart and mind pure and that's all. Kindness is the key from which you can unlock the door of becoming a successful human being. Kindness is not just a word but it is also an 'emotion'. We should never show kindness to become popular or to show to others. We should help others so that with our help other's will feel good. Because the people you have helped will be always with you in any situation. As Newton once stated, "Every action has got equal and opposite reaction". Same principle is also used for kindness.

Radnyee Harne Grade 7



My idea of Kindness



Heart Garden

Being kind begins with one individual. The problem with kindness is that, well, it's everything when we share it, it doubles. It is a scientifically verified fact. If each one of us performs one random act of kindness in our daily lives, it will significantly lessen the tension, worry, and despair.

It appears that goodwill spreads easily. If we see a random act of kindness at the beginning of the day, we will have performed numerous acts of kindness by the conclusion. Additionally, there is an institute known as "UCLA's Bedari Kindness Institute," it notes that people feel an uplifted elevation- an emotion that makes us cry or get goose bumps when they witness someone else being kind. The institute has moreover conducted tests to confirm that kindness is contagious. Over 8,000 people took part in this experiment, and the researchers discovered that following the experiment, the subjects donated 25% more to charities.

Your compassion is infectious and spreads to everyone you help, whether they are friends, family, or strangers. The world can be changed even by a small group of people who are committed for spreading kindness.

What do you feel? I believe, we can!

Madhura Gurav Grade VIII Aster

Be kind!

Be kind to all. Help others when they fall. Play with friends together and bring a smile on face! Be kind to all and make the world a happiest place. A one kind word and little kind thing can make all happy and sing. Sharing and caring is the right saying. Which brings rejoicing. Let's spread kindness and smiles, which can travel for miles.

Pe kind to all, he kind to all.

Be kind to all ...be kind to all...



Kindness is Contagious



Article on Kindness

There are lots of kind people in our world. They have aided the oppressed and impoverished, that the society has failed to assist. In this world, there are plenty of such folks.

Medha Patkar

In India, she was a nationalist. When a dam was being built over the Narmada River, she battled for the rights of the locals. She spent many days battling against it. Later, the government decided not to build the dam and to consider her demands. This wonderful personality assisted others in need. Salutations to Medha ma'am.

Mother Teresa

Born in the former Yugoslavia. After relocating to Kolkata, this wonderful woman assisted the underprivileged, the homeless and beggars. Many politicians and local police officers attempted to have Mother Teresa move, but only a small number of compassionate and understanding individuals steadfastly supported her. Once, when she needed pillows and a bed, a woman was standing at her door with all she needed. This demonstrates how God rewards selfless service to others. My mother was such a wonderful lady! Her generosity in the 19th century earned her the Nobel Peace Prize. Mother was one of the few female Nobel laureates. Barack Obama was among the many notable people who admired Mother.

In this world, many such people have been kind. Being good doesn't always translate into celebrity; acts of kindness are what win people over. In the end, treat everyone with kindness.

'Kindness is next to Godliness'

Ishaan Nagvekar & Vedant Band Grade VIII Aster



Kindness is Contagious



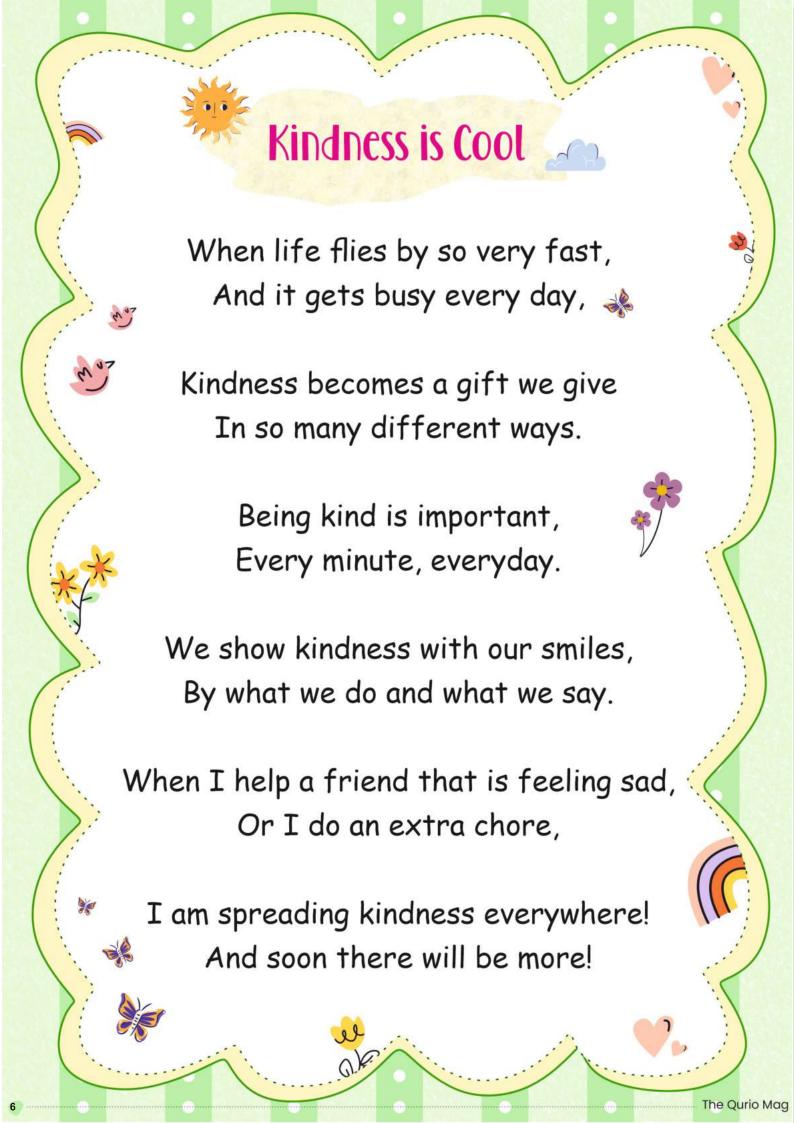
Value of Kindness

One of the main emotions that humans experience is kindness, which keeps us alive in difficult circumstances. Those who are kind stay sane. A key component of what makes society is kindness. Every second, kindness makes people better. Being kind contributes to a robust and positive civilization. In every nation, kindness fosters a deep bond between the populace and the ruler. A leader who is kind to the country and its citizens can better unite them. Being kind not only fosters human friendships but also serves as a unifying force among nations through friendship. Everyone benefits from kindness because it fosters friendship and harmony. Generosity fosters international friendship and trade. Everyone lives in a better world when there is kindness around them.

Shaunak Jatekar Grade VII









The Qurio Mag





The Pledge of Kindness

I Pledge to myself, on this very day, To try to be kind, in every way. To every person, big or small, I will help them, if they fall. When I love myself, and others too, That is the best, that I can do.

Sara Santosh Raibole Grade I Aster

KINDNESS

JOY IS TRIUMPH OVER SADNESS HAPPINESS IS VICTORY OVER UNHAPPINESS LOVE IS CAPTURED ON HATREDNESS CORE OF ALL THE ABOVE IS KINDNESS

Vedansi Sudheer Kumar Chandupatla Grade III

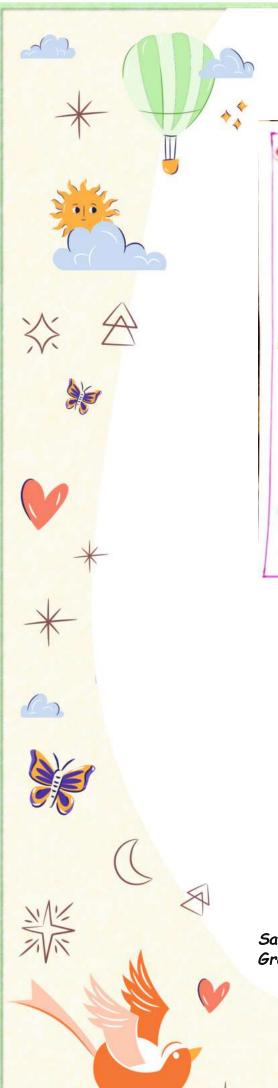
Kindness

I love to be kind each and every hour. I like to be kind to every needy person. So, plant a seed of kindness and fill your life with happiness.

Tanishka Jadhav Grade V







Verses on Kindness

(Poems)



Kindness

When we help See their smile

Oh what a lovely smile The good words they give

> The god praises us, May god bless you

When we help someone See their smile.

Sara Morajkar Grade V







Verses on Kindness

(Poems)

Be Kind

Kindness, Kindness. Be kind with your mind Cause its okay

Be nice, be nice With all the mice Cause everyone should be respected

> Be good. Be good with all your mood and Eat your food

Kindness, Kindness with everyone be kind with others be kind with others.

Arnav Pendurkar Grade V

Kind- heartedness

In the world where smiles are like the sun, Kindness is a superpower, second to none. It's all about being nice, gentle and sweet, Spreading joy to everyone you meet.

Imagine a world, where words are kind, Like magic spells, creating peace of mind. Helping friends when they feel low, That's the kindness we should show.

Hold the door, share a smile, Making the world a better place for a while. Little acts of goodness, big or small, Can make a huge difference in all.

So let's be Superheroes, with hearts so grand, Spreading kindness across the land, In the adventure called LIFE.

Meet Kale Grade V







What does being kind look like?





Offer to help someone carry something heavy

Encourage someone by giving them a high five or a fist bump. Give hugs.

Share your favorite toy.

Help someone find When someone is hurt, get them an ice pack or a band aid.

Make others feel good and happy by giving genuine compliments.

Help someone before they ask you for help. Help someone find something they lost.

Be positive be cheerful. Ask someone to play with you on the playground.

Give someone a pat on the back.

Clean up after yourself and someone else too.

Smile at someone, even if they are a stranger.

Say nice words.

Take the dog for a walk or feed the cat before you are asked.



Smile and say hello to someone in the elevator.

Clear the table after dinner.

Surprise someone by drawing a picture or making them a card.

Be patient with others.

Cheer someone on in a race. Let someone go before you. (Give up your turn.)



Help
someone
fix
something
that is
broken.

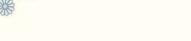
Donate or give to someone in need.



Give flowers.









How full is my bucket?



An act of kindness I have experienced-

One evening, my friends- Vihaan, Raju and I went for a walk. We wanted to eat chocolates and snacks. So, we went to a bakery. My friend Raju noticed a man searching something anxiously in front of a medical store besides the bakery.

I decided to talk with him and asked if he needed anything. The man, in his 30's named as Jayesh was in tears and said that his younger brother was very ill and running with high grade fever. He needed medicine immediately but he didn't have enough money to purchase it.

Knowing about his poor condition, we decided to help him contributing from our pocket money. Each one of us gave money and purchased medicines for Jayesh's brother. The pharmacist who had witnessed our conversation with Jayesh, also offered good discount for the medicine. Jayesh was very happy and thankful.

He took the medicines and rushed towards his home. We felt ver happy and contented to help someone in need.

Rudra Musale Grade VII

The event took place on Wednesday, August 2, 2024. We visited the Savita Ashram as a class of Grade VIII together with our two divisions, A and B. We arrived there around 9:00 a.m. We began visiting the elderly, many of whom were ill. They had become too old to walk or speak. Some were taking medications constantly because of various health issues. We gave them a variety of items, including medicines, biscuits, and napkins. This was a significant donation that was made by everyone. One of our most exquisite acts of compassion it was. Helping the needy is truly a joy!

Aarush Shetty & Amogh Karande Grade VIII Aster





How full is my bucket?



An act of kindness I have experienced-

I believe it is difficult to find kindness in today's environment because we constantly do things that determine the goodwill of others. However, if you share your experiences with a nice person, those memories will stay with you for a very long time—possibly a lifetime. I recall an event where I was playing with my friends and an elderly lady fell. My companions didn't see it and carried on with their game. However, the old man had trouble standing up, so I assisted him. He then said, "Kindness is scarce, so cherish it when you find it," which touched all of my friends.

Parth S. Rathod Grade VII

A month ago, as my mother and I were walking in the yard, she was giving me the kindness test and explaining everything to me in detail so that I might understand what kindness meant. Suddenly, I saw a beggar sitting next to the desk. I felt pity so I quickly ran towards my mother, collected some money from her, and handed it to him. The beggar had messy hair and dark, dirty, faded clothes. He gave me a big wide smile which filled my heart with satisfaction. My mother appreciated the kind thing I did for the poor man.

A few days later, I received a prize for one of the competition. So we went for a family dinner in one of the nearby hotel. There I noticed something quite surprising: the beggar I had given money was serving food. I showed it to my mother. My heart was overwhelmed with joy by looking at that person. So I decided to help all needy people.

Arya Bane Grade VII





How full is my bucket?



An act of kindness I have experienced-

This is my personal story, where I rescued a family that was in danger. When we were travelling from Jaina to the Abad road, I noticed a car traveling at a high speed. The car eventually and rashed. When I peeped through the window of my car, I was terrified to see that one hand of a man had been chopped in half and dropped on the road. Immediately, my father dialed emergency number 112 and called an ambulance. Meanwhile I helped other members and gave them water.

Shashank Singh & Om Narkar Grade VIII Aster

I had many experiences of kindness. Sometimes I have showed kindness to others and others have shown kindness to me. But one thing which was common was that every time after showing or receiving kind act I felt happy.

If Einstein was asked to tell about Kindness, then he would have said- 'Kindness and Happiness are directly proportional' that is if you show more sympathy, you will receive kindness and your happiness will double.'

There are many benefits of showing kindness. One such example is during Second World War, when Americans dropped 2 atomic bombs on Japan. Japan got completely destroyed. During that time there was nothing for companies of Japan such as Toyota, Honda, etc. But at that time America only avaed all these companies and helped them to do their business. Today these companies are the peak of success. This shows that kindness shown today can change world tomorrow.

Advait Gawas Grade VII



Seven miles for me

Leaving a store, I returned to my car only to find that I'd locked my keys and cell phone inside. A teenager riding his bike saw me kick a tire and say a few choice



words. "What's wrong?" he asked. I explained my situation. "But even if I could call my wife," I said, "she can't bring me her car key, since this is our only car." He handed me his cell phone. "Call your wife and tell her I'm coming to get her key." "That's seven miles round trip." "Don't worry about it." An hour later, he returned with my key. I offered him some money, but he refused. "Let's just say I needed the exercise," he said. Then, like a cowboy in the movies, he rode off into the sunset.

-Clarence W. Stephens, Nicholasville, Kentucky

Kindness in Nepal

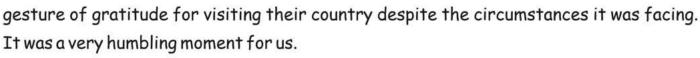
Never have I met a people more abundant in goodwill than the Nepali.

<u>Some backstory:</u> Tim and I arrived in Nepal during a fuel crisis last November, only six months after the cataclysmic earthquake that left so much in ruin.

Albeit the difficulties, there was no lack of generosity. Because of the fuel crisis, we had to resort to travelling sitting on the packed roofs of buses. Men would come to our aid to help lug our heavy packs aboard, then made sure Tim and I had ample space.

One ride in particular, there were three college students on their daily hour-long commute. We all had the same stop and when it came time to pay, the driver signaled that the young boys had taken care of our fare!

These students, usually the most economically strapped in society, gave to us visitors as a



~ Izzy Pulido





The Transformation of a Rude King

Once upon a time, there was a king who mistreated his subjects and behaved very rudely. He once caused trouble for another kingdom by ordering his slaves to cut down every tree in the kingdom. Few people tried protecting as many trees as they could. As a result, the monarch was attacked by every kingdom. The argument was getting too old. When the king realized that the villagers were protecting their family, children, as well as the trees, his eyes opened, realizing the value of kindness and he began healing others.

The moral of the story - Kindness knows no bounds, and true strength lies in the goodness of one's heart.

Paras Parab Grade VII

The Kind Boy

Once there was a small boy named Shankar. One fine day, he was passing through the street where he saw an old man who looked very hungry. Shankar wanted to help him out, but he did not have money. So he continued on his way. The next morning, while passing through the same street, he saw the same poor man asking for help. No one helped him out. He felt sorry for the poor man, so thought of concerning to his father.

His father took the decision of helping the old man with food and clothes. Shankar gave the things to the old man and then happily went on his way.

However, one day Shankar fell down the hill. He was in pain but he couldn't move and no one was there to help him. But, the old man who he had helped before saw him, he quickly came and pulled him up the hill. He had many wounds on his legs. He gave him some water and brought some herbs to cover the wound. All were very happy that they were able to help each other.

Moral of the story- Kindness starts with one.

Ishaan Salgaonkar Grade V





Story of a Kind Man

There formerly was a village in the area. A little family with a mother and one extremely impoverished child lived there. The intelligent child wanted to study but was unable to do so due to financial difficulties.

When a wealthy man arrived in the town, he noticed a child reading a book. The man questioned the boy about in which grade he was studying. The young boy then stated that he doesn't attend school because of financial difficulties. At that point, the guy enrolled the youngster in a large school, where he began studying intensely and eventually became an IPS officer.

The moral of the story - Try to be a rainbow in someone's cloud.

Drushti Sarpe Grade VII

Kindness is Strength

A boy named Sohail had gone to a market. While crossing the road he saw a 63-year-old man struggling to cross the road. Upon taking one step further, too many cars used to pass by. Sohail went near the old man and held his hand. He helped the old man to cross the road very safely. The old man said, "Thank you, little boy. May god bless you immensely".

The moral of the story - Kindness knows no bounds, and true strength lies in the goodness of one's heart.

Asmi Pendhari Grade V







The Mishap

A poor family consisting of four people used to reside in a small village. There were two children named Rahul and Kabir, a mother, and a father in this family. They were not having enough money so their father started looking for work. Soon he started working as a security guard at a company where he had joined. One month later, he received his salary. Everyone in his family was happy. However, the Mother and Rahul insisted their father to purchase a car. Father thought upon the statement made by Rahul and decided to buy a second hand car so that the entire family could sit comfortably in it. When they were taking a road trip in a new car, they encountered an accident. The driver was struggling to get outside. When he was taken out by Ramu's family, he refused to go to the hospital due to lack of money. Ramu remembered his old days and the struggle they would go through because of less money. Ramu handed over some money and made sure that the driver was given proper treatment.

The moral of the story -Be the change you want to see in the world.

Neeraj Mengde Grade VIII Aster

The Kind Farmer

There was a farmer who was kind and owned a cow. He was doing farming and sell the grains in the market. One day, the farmer noticed two tigers entering his farm. He hurrily untied the cow and ran towards his house. The moment he got into the house, he realised that his cow is standing outside. When he peeped from the window, he noticed that the tigers have surrounded the poor cow.

The farmer got frightened and started searching for something to shew away the tigers. He grabbed a stick and threw next to the tigers so that neither they are badly injured nor the cow. Because of this, the two tigers ran away.

Hence, the brave farmer was successful in saving his cow without farming the two tigers.

Aradhya Rupesh Mhadeshwar Grade IV Tulip





The Kind Boy

There was a boy named Noah. One fine day while going to school, he encountered a poor guy begging for food and money. Noah felt pity for that man. He went to the nearby grocery store and brought food and water. He handed over the food, water bottle, and some money from his pocket to the needy man. Upon seeing his gesture, the old man smiled through his heart. The poor man delightfully ate the food and brought new clothes with the money.

The moral of the story- Helping others and getting their blessings will make you happy well as them.

Janhavi Grade V

The Kind Trekkers

There once was an extremely elderly man who lived on a mountain and owned a stall. After a while, he was in debt. He kept his stall open when going to buy the medicines one day. A few people arrived to trek up that mountain. They were starving so they approached the stall. They waited and waited for the owner to come, but the poor man was taking a long time. When their hunger got too much, they took some biscuits and a cup of tea from the stall's kitchen. When they were done, they kept the cups on the top of the table and placed some cash below it.

When the guy arrived, he saw the cups and was terrified that someone had broken into his stall. Later, he noticed the money and believed that the deity had visited his stall. The hiking group returned after eight or nine days, and this time they waited at the same stall. He gave them some biscuits and tea. When they inquired about the reason behind the stall owner's apparent happiness, he joyfully replied that God had visited his stall around eight or nine days prior, and he had saved money for him beneath the cup on the kitchen table. After hearing this, one of the hikers continued to say that they were the ones who ate at his stand and kept the cash underneath, but just then, another group member gave him a warning not to do so. They allowed the elderly guy to maintain his faith and went on their way.

Aaradhy Uday Rane Grade V





Always be nice

Kevin the chief of the court of England was back at home on a beautiful new day. In addition to being well-built and educated, he was also kind and focused on his profession. He was highly esteemed by the monarch for his intelligence. Kevin's older brother, Bros, was completely the antithesis of him. He was quite conceited and impolite. He used to get satisfaction from bothering other people. He used to feel envious of his younger brother's accomplishments as well. He wished to cause trouble for Kevin. He wrote to Mr. Bronco, the kingdom's professional wrestler. It was stated that because Mr. Kevin is so envious of your influence, he wishes to have you banished from the realm. Mr. Bronco accepted it and made a decision. "How dare he think about me like this," he thought to himself. And the strong wrestler began his retaliation that very evening.

There were guards stationed throughout the chief's residence when Mr. Bronco arrived. Similar to a dacoithe hiding in a bush and beginning to sing sweet, melodic tunes, the guards quickly fell asleep from exhaustion and the music.

Mr. Bronco climed the walls to get at the door's lock. The chief was soundly beaten by the wrestler, but since he was still in a deep sleep, he was unaware of who had placed the wager. Mr. Bronco abruptly left them, leaving a chit on which he had deliberately left his name blank. The chit stated, "This was the revenge taken by me," as Kevin read it. But he kept this to himself since he felt it would be an insult if he had to justify himself.

He knew that there was some mischief being made that he was unaware of, so he gave his special spy instructions to report any fresh information. The only information his spy brought was that his brother Bros had entered their realm. Because of his brother's nature, Kevin had doubts about him and told his guards to watch over him. However, before he could inform the guards, the chief's confidence had been betrayed by numerous complaints from the Bros in the court, and he was about to be put to death when the guards arrived. And Bros was to be punished. At last, the truuth never hides. The loyal chief forgave his elder brother and Mr. Bronco. This was the story of kindness of Kevin.

Arnav Apte Grade IV Tulip



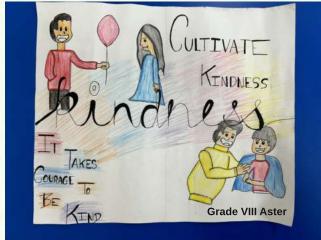




Spread the Word























Spread the Word



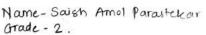














Ruhi Manchekar 1A



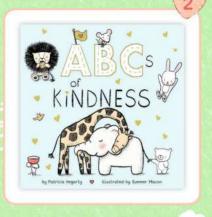


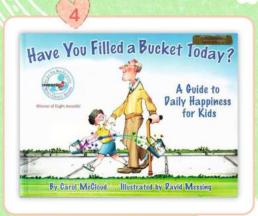




Book Recommendations

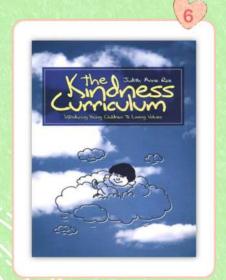




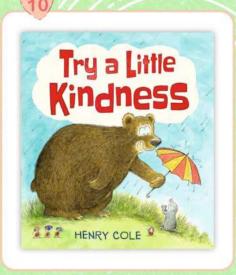


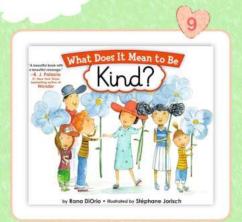


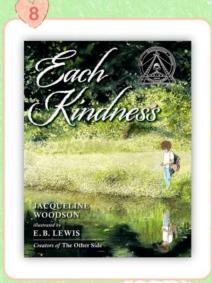












Movie Recommendations



Charlotte's Web



Far from the tree



Pollyanna







The boy who harnessed the wind

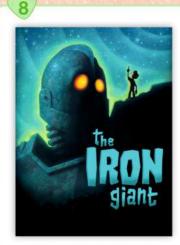


PADDINGTON

Paddington



Trolls



The Iron Giant



Title of the Movie/Book: Try a Little Kindness by Henry Cole

Movie/Book Summary: With his hilarious cartoon animal characters, best-selling illustrator Henry Cole teaches children many ways to be kind in this humorous picture book.

> Every page offers a different example of how to be a good person, such as giving a treat, letting someone know they are unique, or using good manners! Additionally, one animal (such as a cat looking into a fishbowl) may not be acting as kindly as it may be in one illustration out of every set!

Movie/Book Reviewed By: Ms. Aayushka Gad

Grade VIII Aster

How many hearts will you give this movie?



(1 heart means the movie was really bad. 5 hearts means it was great!)

Title of the Movie/Book: Elephant whisperers

Movie/Book Summary: The most heartbreaking, moving, and astounding documentary I have ever seen! Elephants are one of my favorite animals, so I had to watch this, but I didn't anticipate it would be this amazing. It features a very high caliber of cinematography, an authentic south Indian feel, and an immersive quality. A feel-good film with a great message that will quickly convert you into an elephant or animal lover!

Movie/Book Reviewed By: Ms. Mansi Bhobate

Grade IX

How many hearts will you give this movie?



(1 heart means the movie was really bad. 5 hearts means it was great!)

Brein Pley

Riddle What has a head and a tail but no body?

Time to challenge yourself!

1														1
A	J	Н	L	S	Q	0	R	٧	W	H	L	M	F	E
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Y	D	K	Н	P	Y	D	E	U	J	В	G	N	F	1
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N	T	Т	N	Y	U	T	Н	A	N	K	Y	0	U	D
170														

Amazing

Console

Share

Нарру

Respect

Thank You

Friendly

Fantastic

Loving

Encourage

Helpful

Blessed

Find words associated with acts of kindness in the above given word search puzzle.



An act of kindness

An act of Kindness performed by the student

Animals are my Friends and my Kin and my Playfellows. They love me as I love them. I have a feeling for them I can't express. It burns my heart.



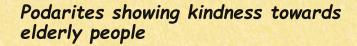
Human to be Kind to an Animal.

The smallest act of KINDNESS is worth more than the greatest intention.

Rudra Siddhesh Gosavi Grade-1









Donation drive by the students of Grade II



























































































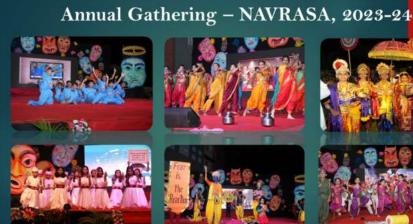








































Kindness Crafts

Popsicle stick bird feeder

- ~ popsicle sticks
- ~ glue
- ~ paint
- ~ bird seeds
- ~ rope





DIY Candy Vending Machine

- ~ cardboard
- ~ glue
- ~ rubber band

Let's spread some kindness around by making this bird feeder and Candy vending machine which can be put up in public places like, gardens or parks.

